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## MEDIA RELEASE

### KINDNESS MATTERS AT GOOD SHEPHERD

The students and staff at Shepherd Lutheran College really have proved that kindness matters as they conclude 'The Great Kindness Challenge' – a full week of activities devoted to doing as many kind deeds as possible at school, home and within the wider community.

The 'Great Kindness Challenge' was the theme of this year's Care@GSLC Week and was created by *Kids for Peace* to provide schools with a tool for creating a positive school environment. In 2013 over one million students participated and performed over five million acts of kindness.

At Good Shepherd the week long celebration included a range of activities for students from Prep to Year 12 including 'Coins of Kindness' - where students and staff were encouraged to bring in loose change from home to build a beautiful heart with the coins.

"The students and staff really got behind this idea and we had enough coins to build a spectacular silver and gold heart," said Mr Anthony Dyer, Principal Good Shepherd Lutheran College.

"What came as a great surprise, however, was that the loose change added up to around \$1,400 which will be donated to the charity *Asia Focus Australia* with all proceeds going to the *Ethnic Children's Home* in Chang Rai, Thailand," said Mr Dyer.

In addition to the 'Coins of Kindness', activities included a communal artwork project, special food stalls, music performances as well as the traditional Year 1 and Year 12 Teddy Bear's Picnic

"Good Shepherd has been holding Care @ GSLC week for more than ten years now and every year the theme is slightly different," said Mr Dyer.

"However, the overall aim of the event is to build on the core values of Lutheran Education— love, justice, compassion, forgiveness, service, humility, courage, hope, quality and appreciation."

Ends.

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Good Shepherd students celebrating Care@GSLC Week and the 'Coins of Kindness' raising around \$1,400