

YEAR 10 PHYSICAL EDUCATION WORK PLAN: Semester 1 2017 – Mr Palmer, Mr Carey, Mr Green



UNIT	TERM 1 TOPICS	ASSESSMENT	DUE DATE
	<p>Volleyball Development of key skills acquired in G8. Dig, set and spike. Link to structured play by setting up competent attacks, serving and service reception. Examine overhead and underarm service options, receiving formations and the link to the setter taking the second ball, basic attacking plays, defensive positioning and blocking. Students will also be expected to demonstrate a sound understanding of the rules and be able to apply them in game situations as an official.</p> <p>Theory - Sociocultural relationships in sport</p> <ul style="list-style-type: none"> • Explore the concepts of Leisure time • Examine how leisure time is spent • Differences between recreation and sport <p>Factors that affect participation rates and dropout rates in sport</p>	<p>Continuous in class assessment</p> <p>PowerPoint presentation reflecting content focus of unit of work.</p>	<p>10A Mon 20th March 10 B Mon 20th March 10C Thurs 16 March 10D Mon 20th March</p>
UNIT	TERM 2 TOPICS	ASSESSMENT	DUE DATE
	<p>Touch Football Revision of key component skills: Passing and catching, basic three player rucking rotations, wraps and switches. Developmental skills such as: dump-splits, other 'set plays', basic offensive strategy (using the six touches), basic defensive organisation as a team</p> <p>Theory Drug and Resiliency Education ~ Alcohol and Cannabis Drugs as part of our lives Effects, Harms and Myths Risks and possible consequences associated with drug use Developing decision-making skills, assertive communication skills, help-seeking skills and help-giving skills</p>	<p>Continuous in class assessment</p> <p>Completion and submission of all work booklets accompanying unit</p>	<p>Ongoing continuous assessment throughout unit</p>

This work plan was last updated on Wednesday, 1 February 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.