



YEAR 11 CERTIFICATE III (CERT II SPORT EMBEDDED) IN FITNESS WORK PLAN: Semester 1, 2017– Mr Hayes

UNIT	TERM 1 TOPICS	ASSESSMENT	DUE DATE
	<ul style="list-style-type: none"> -Work effectively in a sport and recreation environment -Follow occupational health and safety policies -Maintain sport, fitness and recreation equipment for activities -Introduction to anatomy and physiology 	<p>Online Competency based: -Project -Quiz – continuous in class -Demonstration FORMATIVE</p> <p>Research Report Application of Biomechanics to Golf 700-800 words FORMATIVE</p>	<p>Ongoing</p> <p>Assessment to be finalised by the end of the term.</p>
UNIT	TERM 2 TOPICS	ASSESSMENT	DUE DATE
	<ul style="list-style-type: none"> -Customer service -Customer service and complaints -Risk analysis -Anatomy and physiology -Community fitness program 	<p>Online Competency based: -Project -Quiz -Demonstration</p>	<p>Ongoing</p> <p>Assessment to be finalised by the end of the term</p>

This work plan was last updated on Thursday, 2 February 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.