

YEAR 12 CERTIFICATE III IN FITNESS WORK PLAN: Semester 1, 2017 – Mr Green



UNIT	TERM 1 TOPICS	ASSESSMENT	DUE DATE
	<ul style="list-style-type: none"> -Gym program for adolescent client -Specific Populations -Personal review 	Online Competency based: -Project -Quiz -Demonstration	Ongoing Assessment to be finalised by the end of the term.
UNIT	TERM 2 TOPICS	ASSESSMENT	DUE DATE
	<ul style="list-style-type: none"> -Strength and Conditioning program (teacher delivered) -Follow-up consultation for adolescent client -Nutrition 	Online Competency based: -Project -Quiz -practical sessions	Ongoing Assessment to be finalised by the end of the term

This work plan was last updated on Wednesday, 1 February 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.