

# YEAR 12 PHYSICAL EDUCATION WORK PLAN: Semester 1, 2017 – Mr Carey



UNIT	TERM 1 TOPICS	ASSESSMENT	DUE DATE
5b	<p><b>Practical Term 1 – Badminton</b></p> <ul style="list-style-type: none"> <li>Revise previously learnt range of shots. Develop backhand shots, around the head smash, fast drop shots and smash return.</li> <li>Execute shots in game environments concentrating on full court singles and doubles to demonstrate control of pace and court coverage.</li> <li>Apply tactics to doubles play. Different styles of doubles play depending on partner strengths.</li> <li>Evaluate personal skill, ability and positional play in singles and doubles game play</li> <li>Apply principles of goal setting to personal performance</li> </ul> <p><b>Figueroa’s Framework</b></p>	<p>Badminton – continuous in class assessment <b>Summative</b></p>	<p>Prac final session – video <b>Week 10</b> 28th March</p>
5a	<p><b>Interpersonal</b> The role of peers, coaches, teachers on socialisation, opportunities and decisions about physical activity</p> <p><b>Institutiona</b> The impact of institutions such as families, schools, sporting clubs, religions and politics on access to physical activity</p> <p><b>Structural</b> Government and media influence on the distribution of sporting resources and rewards</p> <p>The impact of inequitable distribution of resources and rewards. Impact of the Crawford Report and Winning edge strategy.</p> <p><b>Cultural</b> Cultural influences on body image, the social construction of gender and physical activity</p> <p>Sport as a microcosm of society Ref Chapters Revision 17 – 19 , new chapters 20 - 22</p>	<p>Research Report (multi-modal presentation) 5–8 minutes with a combination of at least two modes of presentation of student own choice <b>Summative</b></p>	<p>Presentation <b>Week 9</b> 21<sup>st</sup> March Lesson 3 and 4</p>
UNIT	TERM 2 TOPICS	ASSESSMENT	DUE DATE
6b	<p><b>Practical Term 2 Touch</b></p> <ul style="list-style-type: none"> <li>Revise range of basic individual skills</li> <li>Play in all team positions</li> <li>Develop range of pre determined moves for set game situations involving 3 or more players.</li> <li>Apply skills and moves in complex situations, open ended drills and game play</li> <li>Evaluate personal skills, positional play, communication and decision making in game situations.</li> <li>Analyse requirements of game through game analyse and develop a touch specific fitness test battery</li> </ul>	<p>Touch – continuous in class assessment <b>Summative</b></p>	<p>Prac final session - video Exam block</p>
6a	<p><b>Theory - Games analysis and training programs</b> Ref Text Chapters</p> <ul style="list-style-type: none"> <li>methods of analysis</li> <li>movement patterns</li> <li>fitness testing</li> <li>energy systems</li> <li>training methods</li> <li>training principles</li> <li>training programs and periodisation</li> </ul>	<p>Written response Research <b>Summative</b> Report 1000–1500 words Students will conduct a games analysis of a touch game. Using their understanding of energy systems, training methods and principles of training they will develop and evaluate training sessions and methods relevant to touch.</p>	<p>Draft <b>Week</b> 3rd June lesson 2 due – exam block – day of prac exam</p>

This work plan was last updated on Monday, 30 January 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.