

YEAR 6 HEALTH AND PHYSICAL EDUCATION WORK PLAN: Semester 2, 2017 – Ms Brady and Mr George



UNIT	TERM 3 TOPICS	ASSESSMENT	DUE DATE
Week 1-6	Skipping/movement – The ability to: <ul style="list-style-type: none"> • coordinate jumping and moving a skipping rope • keep time with music • perform already learnt skills and techniques and choreograph a routine using these skills • work in small groups 	Week 6: A = routine performed in small group <ul style="list-style-type: none"> • timing • skipping proficiency • patterning 	Week 6: 14 th – 18 th AUG
Week 7-10	Soccer - <ul style="list-style-type: none"> • Basic foot eye coordination and patterning • Rules of the game and general game play expectations • Layout of the pitch and movements of certain positions 	Week 10: A= practical observations of foot/eye coordination, knowledge of rules and ability to work in a team.	Week 10: 11 th – 14 th SEPT
Week 6	Health unit – ‘Let’s all be active’	Week 6: (assignment) written booklet and small practical activity.	Week 6: 14 th – 18 th AUG
UNIT	TERM 4 TOPICS	ASSESSMENT	DUE DATE
Week 1- 9	Sailing <ul style="list-style-type: none"> • Group and individual safety practices demonstrated • Correct positioning of the boat relative to wind direction • Identify parts of the boat; Rigging and sails; Rig boat with assistance • Figure of eight; Round turn and two half hitches; Reef knot; Bowline • Steering and crewing in light winds under supervision; Capsize Recovery Drill • Towing Sail - a reaching course in light winds; Primary boat controls and basic heave-to • Basic crewing and helming methods for a triangle course Basic crewing and helming methods for tacking; Basic crewing and helming methods for gibing	Practical test Capsizing test	Week 7 Weekly observations collated over the 8 weeks.
Week 5	Health Unit – ‘Who Influences me?’	Week 7 - assignment	Week 6/7 When weather conditions are suitable Week 7: 13 th - 16 th Nov

This work plan was last updated on Tuesday, 18 July 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.