

## YEAR 7 FOOD TECHNOLOGY WORK PLAN: Semester 1 2017 – Mrs Trina O’Donnell, Mrs Sue Jansen



UNIT	SEMESTER 1 TOPICS	ASSESSMENT	DUE DATE
	<p><b>Textiles</b> Students will develop skills in a variety of textile construction techniques. The techniques to be covered are:</p> <ol style="list-style-type: none"> <li>1. Macramé</li> <li>2. Sashiko Embroidery</li> <li>3. Fabric Colouring</li> <li>4. Blanket Stitch</li> </ol> <p>Students will investigate each of the above topics and complete task sheets. The assignment will require the students to investigate, design, create and evaluate a stuffed felt toy “UGLY” using the above textile construction techniques.</p> <p><b>Snacking for Health</b></p> <p>Students will investigate a variety of pre-packaged snack foods by looking at the packaging and labelling and comparing their nutritional value. They will compare these with a selection of snack foods made in the Home Economics kitchen.</p> <p>The Australian Guide to Healthy Eating will be introduced to the students as a tool to develop their skills in selecting and making healthy snack choices.</p> <p>Students will complete an <i>Investigate and Defining</i> Assessment task based around their knowledge of snack foods, labelling and The Australian Guide to Healthy Eating. Sustainability concepts will also be explored.</p> <p>The Continuous Cookery will focus on interpreting and following recipes and developing knife skills.</p>	<p>Practicals and Task sheets</p> <p>Written Assignment</p> <p><b>Continuous Cookery:</b></p> <ul style="list-style-type: none"> <li>• Vegetable Sticks &amp; Dips</li> <li>• Fruit Parfait</li> <li>• Pizza</li> <li>• Apple &amp; Cinnamon Muffins</li> <li>• Lamb &amp; Salad Burgers</li> </ul> <p>Work Booklets Due</p>	<p>Ongoing</p> <p><b>Term 1</b> Mrs O’Donnell’s class <b>Week 9</b> 7G4: 20<sup>th</sup> March Lesson 1</p> <p><b>Term 2</b> Mrs Jansen’s class <b>Week 9</b> 7G5: 12<sup>th</sup> June Lesson 1 7G2: 13<sup>th</sup> June Lesson 3</p> <p>Ongoing</p> <p><b>Term 1</b> Mrs Jansen’s class <b>Week 9</b> 7G5: 20<sup>th</sup> March Lesson 2 7G2: 21<sup>st</sup> March Lesson 3</p> <p><b>Term 2</b> Mrs O’Donnell’s class <b>Week 9</b> 7G4: 12<sup>th</sup> June Lesson 1</p>

This work plan was last updated on Wednesday, 1 February 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.