

YEAR 8 HEALTH & PHYSICAL EDUCATION WORK PLAN: Semester 2, 2017 – Mr Palmer, Ms Oakley, Mr Hayes



UNIT	TERM 3 TOPICS	ASSESSMENT	DUE DATE
	<p>Games For Understanding Look at a range of games/ activities from different categories of sport – direct interceptive, indirect interceptive, performance, - what understanding of game concept is required to play each game successfully? Students assessed on how well they adapt to different situations and apply basic strategies.</p> <p>Water Polo Introduction/revision of basic strokes suitable for water polo. Eggbeater leg kick. Introduction/revision of basic skills incorporating: Catching and passing, dry and wet, 'Dribbling', Shooting. Basic offensive and defensive strategies</p> <p>Drug and Resiliency Education ~ Smoking</p> <ul style="list-style-type: none"> • Harmful effects of smoking (short term, long term and passive) • Addictive nature of nicotine • Resisting pressure to smoke (including friends/media influence) • Developing decision-making skills, assertive communication skills, help-seeking skills and help-giving skills 	<p>continuous in class assessment</p> <p>Continuous in class assessment</p> <p>Completion and submission of all work booklets accompanying unit</p>	<p>Week 7 8A 21 Aug 8B 22 Aug 8C 21 Aug 8D 25 Aug</p>
UNIT	TERM 4 TOPICS	ASSESSMENT	DUE DATE
	<p>Volleyball Introduction of basics of the dig, set and spike. Develop the underarm and overhead serve. Develop basic 'three touch' strategy and concept of a setter taking the second ball. Examine simple blocking and covering positions through small sided games. Progress towards full 6 v 6 game as ability improves.</p> <p>Disability Rights and Inclusion in Sport</p> <p>Students will explore the following inquiry questions:</p> <ul style="list-style-type: none"> • What are the benefits to individuals and communities of valuing diversity? • What are the physical and mental health benefits, and social benefits of physical activity? • How can young people who are experiencing transitions or trauma be supported? • How can diversity and difference be respected through sport? 	<p>continuous in class assessment</p> <p>Completion of work booklet on a lesson-by-lesson basis and assignment task at the end of the unit.</p>	<p>Week 7 8A 13 Nov 8B 14 Nov 8C 13 Nov 8D 17 Nov</p>

This work plan was last updated on Monday, 24 July 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.