

YEAR 9 PHYSICAL EDUCATION WORK PLAN: Semester 1 2017 – Mr Carey, Mr Palmer, Mr Hayes,



UNIT	TERM 1 TOPICS	ASSESSMENT	DUE DATE
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	<p>Practical Term 1 Surf – Life Saving (conducted in association with Noosa Heads SLSC) FOLLOW SRC Certificate course. Surf skills and awareness. Rips, Sweeps and other dangers on the beach. Run – swim –run physical tests. Rescue techniques – board and tube. Patient care and assessment. Introduction to basic CPR.</p> <p>Basketball (see below)</p> <p>Surf awareness and first aid – completion of certificate course SRC (OPTIONAL)</p> <p>A nationally recognised Statement of Attainment - at completion, students are awarded with: HLTAID003 Provide first aid HLTAID002 Provide basic emergency life support HLTAID001 Provide cardiopulmonary resuscitation (CPR)</p>	<p>Continuous in class assessment Weeks 1 - 7</p> <p>Assessment – resuscitation technique and patient care – in class practical assessment on-line assessment</p>	<p>First aid on-line assessment to be completed and submitted during class.</p> <p>Prac first aid will be conducted in small groups during lesson and morning breaks.</p>
	<p>Practical Term 2 Basketball Development of individual skills – set shot, lay-up, pivot, chest pass, bounce pass, dribble, and rebound. Team skills – zone and man to man defence, passing patterns, setting post, set attacking formations. Game play.</p> <p>Athletics Track and Field event preparation for College athletics carnival and individual skill development.</p> <p>Drug and Resiliency Education ~ Alcohol</p> <ul style="list-style-type: none"> • Alcohol as part of our lives (history, celebrations, rites of passage) • Effects, Harms and Myths • Standard drinks (including safer drinking practices) • Risks and possible consequences associated with drinking alcohol • Further developing decision-making skills, assertive communication skills, help-seeking skills and help-giving skills 	<p>Continuous in class assessment</p> <p>Completion of work booklets accompanying unit</p>	<p>Submission of final workbook</p> <p>9A Wed 14 June 9B 9C 9D Mon 19 June</p>

This work plan was last updated on Tuesday, 31 January 2017. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.